

SUPPORTING WITH...

Weighted Lap Buddies

Weighted Lap Buddies are more than just cute companions; they offer a range of benefits for children in both their early and later years. Read on to find out more...



Sensory Regulation and Focus

Weighted lap buddies offer a soothing, deep-pressure sensation that can help children to regulate their sensory systems, leading to improved focus, engagement, and attention during activities like story time, circle time, assemblies, or quiet reading. This is particularly beneficial for children with sensory processing difficulties or those who seek sensory input.

Calming and Emotional Wellbeing

The comforting weight of a lap buddy has a magical way of calming children, easing their anxiety, and promoting emotional wellbeing. With lap buddies such as the vibrating cat and guinea pig, the children may also find the subtle vibrations calming as they stroke the animal to trigger the reaction. Alternatively, this setting can be turned off, taking into account individual sensory needs. Using these buddies can be likened to receiving a warm, gentle hug, creating a safe and comforting environment.

Enhanced Body Awareness and Coordination

The weight and sensation of a lap buddy provide valuable proprioceptive input, helping children become more aware of their bodies and how they move. This can boost their coordination and motor skills, supporting their overall physical development.

Self-Regulation and Independence

Weighted lap buddies become trusted companions for children, aiding them in developing self-regulation skills. Through using the lap buddy, children can learn to recognise their needs, and find comfort and balance independently.



Enhanced Focus for Learning

For children who have trouble sitting still or who constantly fidget, weighted lap buddies can offer a grounding sensation. It provides a steady, comforting feeling that can help reduce restlessness, allowing children to focus and engage better in various activities. The sensory input from a lap buddy enhances focus and attention during learning activities. It's especially beneficial for children who struggle with engagement or sitting still for extended periods, enabling them to participate more effectively in educational experiences.